

# Health Scrutiny PH Overview and Priorities

Cllr Dempster

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# Public health: who we are & what we do

Your subtitle will go here

01

## The Public Health division

Key functions and funding

02

## Health & well-being services

An overview of the main services we offer

03

## Our big health challenges

What the current picture and what needs to change?

04

## Priorities for 2019/20

Work plans and manifesto commitments



# Division of Public Health & Sports Services

What we do



## Intelligence, commissioning & evaluation

Commissioning Public Health  
Services, data & analysis



## Sports & Leisure services

City sports development,  
leisure centres, sport on  
parks, outdoor facilities



## Prevention

Children's public health  
services (school nursing,  
health visiting)  
Oral health  
Lifestyle services



## Healthy Places

Health in All Policies  
Air Quality  
Mental health  
Health & Well-being Board  
Health & Well-being Strategy  
Health Protection

# Health & well-being services

We provide a wide range of service to improve population health, funded through a ring-fenced grant

## Mandated services:



**SEXUAL HEALTH & CONTRACEPTION**  
16,000 walk-in attendances each year for advice, treatment & contraception



**NHS HEALTHCHECKS**  
Free health MOT every 5 years for 40-74.  
45,000 people seen in the last 5 yrs.



**HEALTHY TOGETHER**  
Every child in the city receives support from health visitors and school nursing

## Non-Mandated services:



**SPORTS & LEISURE SERVICES**  
7 leisure centres, 1 athletics track, 1 golf course & football & hockey pitches,

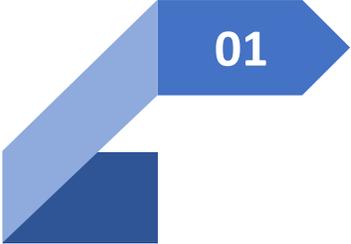


**LIFESTYLE SERVICES**  
5000 customers use our health trainers & active lifestyle schemes. 1,830 helped to quit smoking



**SUBSTANCE MISUSE**  
2000 people a year seen for help with drugs & alcohol issues.

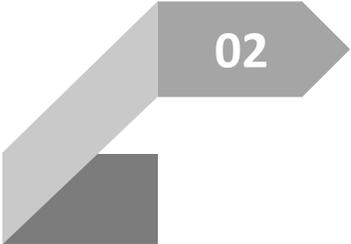
# Public Health Funding.



01

## Leicester PH ring-fenced grant funds

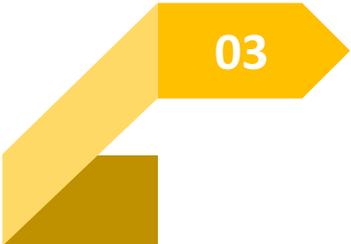
Public Health is funded through the public health ring-fenced grant (£26.8 million) which funds the activities of the division (£20.7 million), drug and alcohol services, and other activities in the council (active travel, parts of regulatory services) that improve health. The major spend areas within the grant are 0-19 Healthy Child Programme, sexual health services, NHS Health-checks, drugs and alcohol services, leisure centres & other lifestyle services



02

## Ring fenced grant reduction

The grant has reduced by 2.6% year-on-year since 2016.  
2016/17, Leicester allocation = £28,214k, 2019/20 = £26,103k



03

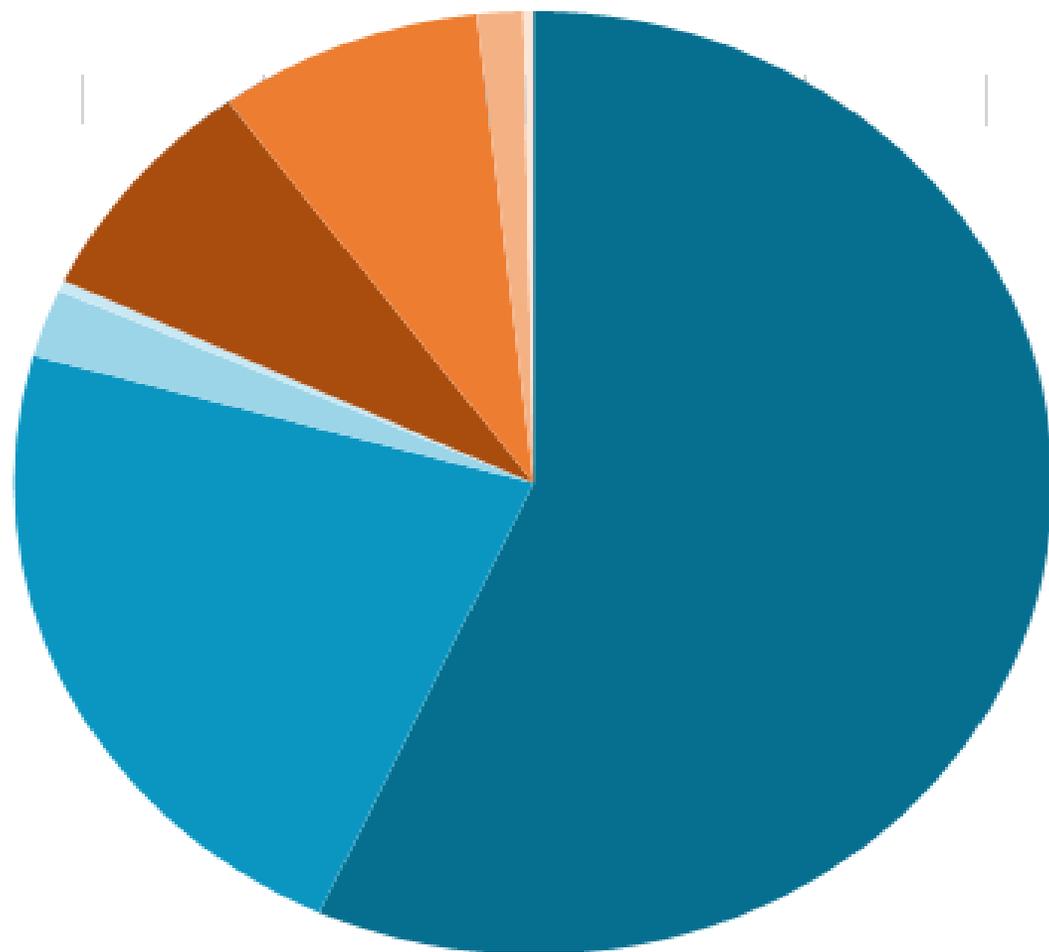
## Grant income position for 2021

The current funding position suggests that there is not expected to be a further cut to the Grant for 2021



# Public health: core budget spend 2019/20

Public Health Grant divisional spend £20.7 mil



■ Childrens 0-19 (56.8% / £9.02m)

■ Sexual Health (22.6% / £3.59m)

■ NHS Health Checks (2.3% / £0.37m)

■ Health protection (0.4% / £0.06m)

■ Lifestyle Services (7.9% / £1.26m)

■ Staffing & Infrastructure (8.2% / £1.31m)

■ Public Mental Health (1.4% / £0.23m)

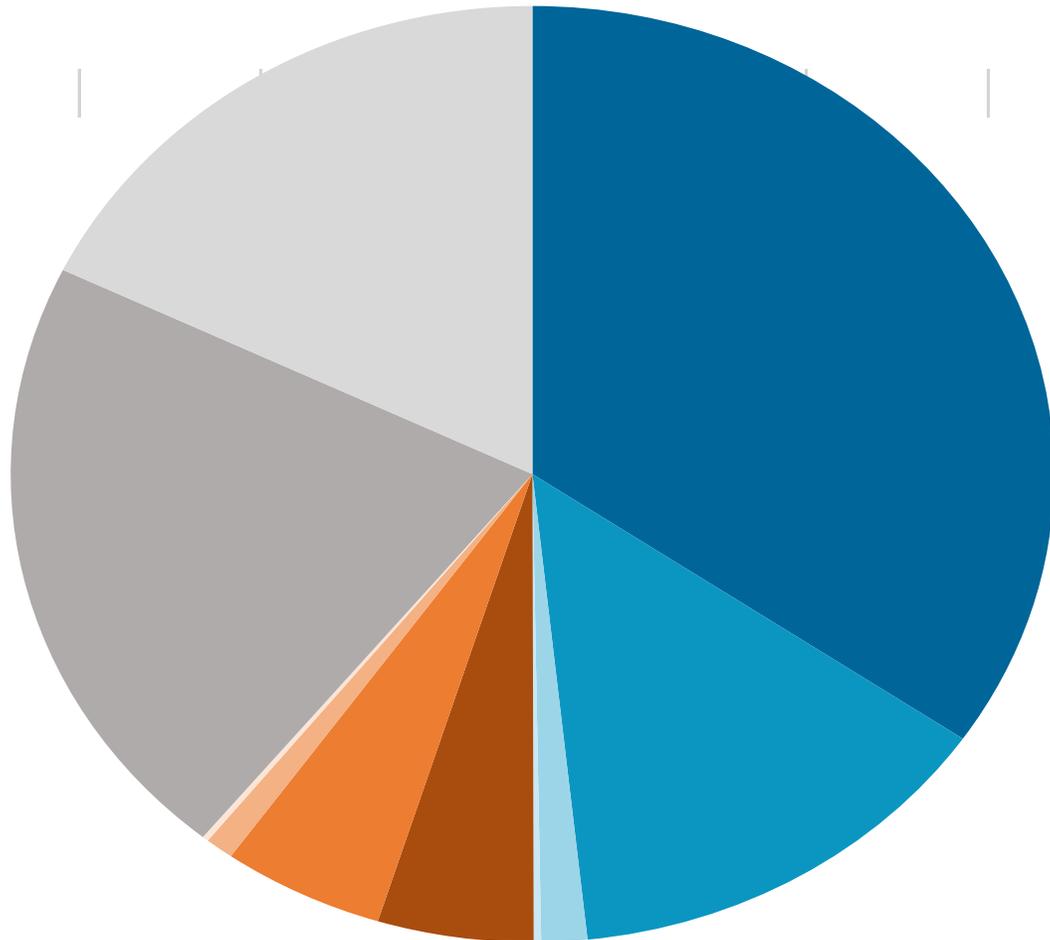
■ Evaluation & Intelligence (0.3% / £0.05m)

% Mandated -  
82.1% (£13.04m)

% Non-  
Mandated -  
17.9% (£2.85m)

# Public health: total ring fenced grant spend 2019/20

Public Health Grant £26.8 mil



■ Childrens 0-19 (34.6% / 9.02m)

■ Sexual Health (13.8% / 3.59m)

■ NHS Health Checks (1.4% / 0.37m)

■ Health protection (0.2% / 0.06m)

■ Lifestyle Services (4.8% / 1.26m)

■ Staffing & Infrastructure (5% / 1.31m)

■ Public Mental Health (0.9% / 0.23m)

■ Evaluation & Intelligence (0.2% / 0.05m)

■ Substance Misuse (21.3% / 5.56m)

■ Other council services (17.8% / 4.65m)

**Mandated - 50%,  
(£13.04m)**

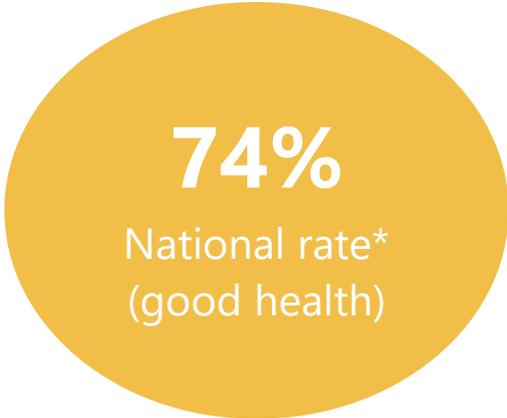
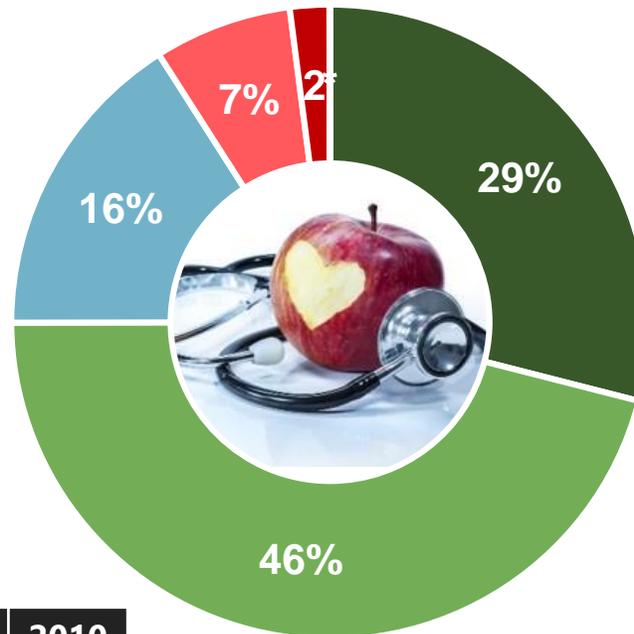
**Non-Mandated -  
50%, (£13.06m)**

# Three quarters of Leicester residents rate their health as good

There has been a significant increase in self-reported health compared to the 2015 survey (75% vs. 71% in 2015). The proportion of those who say they are healthy is broadly in line with the national picture\*. Three in ten (29%) say they are in very good health, in line with previous years, and less than one in ten (9%) think they are in bad health.

## Q1. How is your health in general? Would you say it is...?

■ Very good  
 ■ Good  
 ■ Fair  
 ■ Bad  
 ■ Very bad  
 ■ Don't know  
 ■ Prefer not to say



	2018	2015	2010
<b>Good</b>	<b>75%</b>	<b>71%</b>	<b>72%</b>
<b>Bad</b>	<b>9%</b>	<b>10%</b>	<b>7%</b>

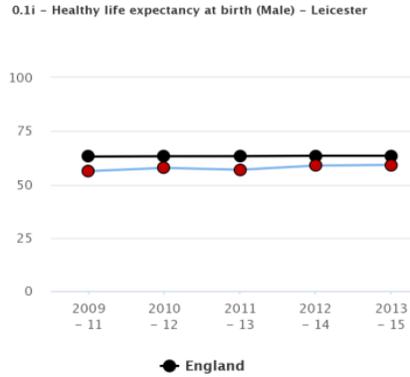
Base: All valid responses (2224) : Fieldwork dates : 5th March – 25th July 2018  
 \*Source: National Health Survey for England, 2016. Based on 8008 UK adults aged 16+

Source: Ipsos MORI

# OUR HEALTH CHALLENGES

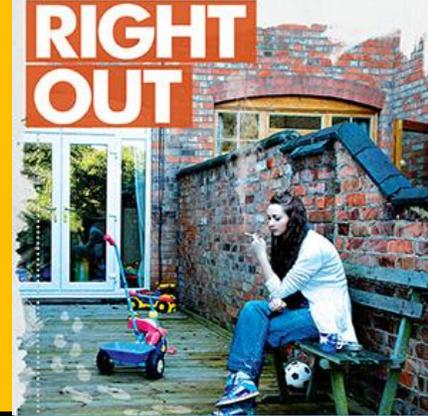
What are the key health issues in the city?

**CHILDREN'S HEALTH**  
1/3 of children are overweight at the end of primary school – although things are improving in reception year



**MENTAL HEALTH**  
Highest rate of common mental health disorders in children & young people and 2<sup>nd</sup> highest rate in over 65s in the East Midlands

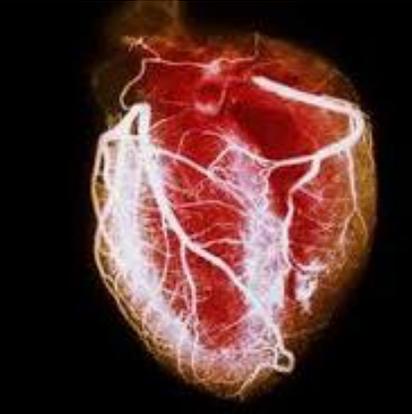
**HEART DISEASE**  
Rates are rising for men under the age of 75 and are also high for women



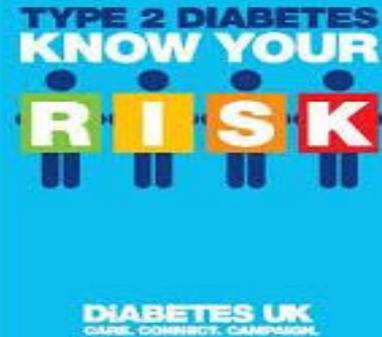
**DIABETES**  
Rates of diabetes are higher in South Asian communities. Type 2 diabetes is preventable and is increasing.



**PEOPLE GET SICKER, YOUNGER**  
Men in Leicester are in good health until the age of 59. For women, it's 60: before they reach retirement age



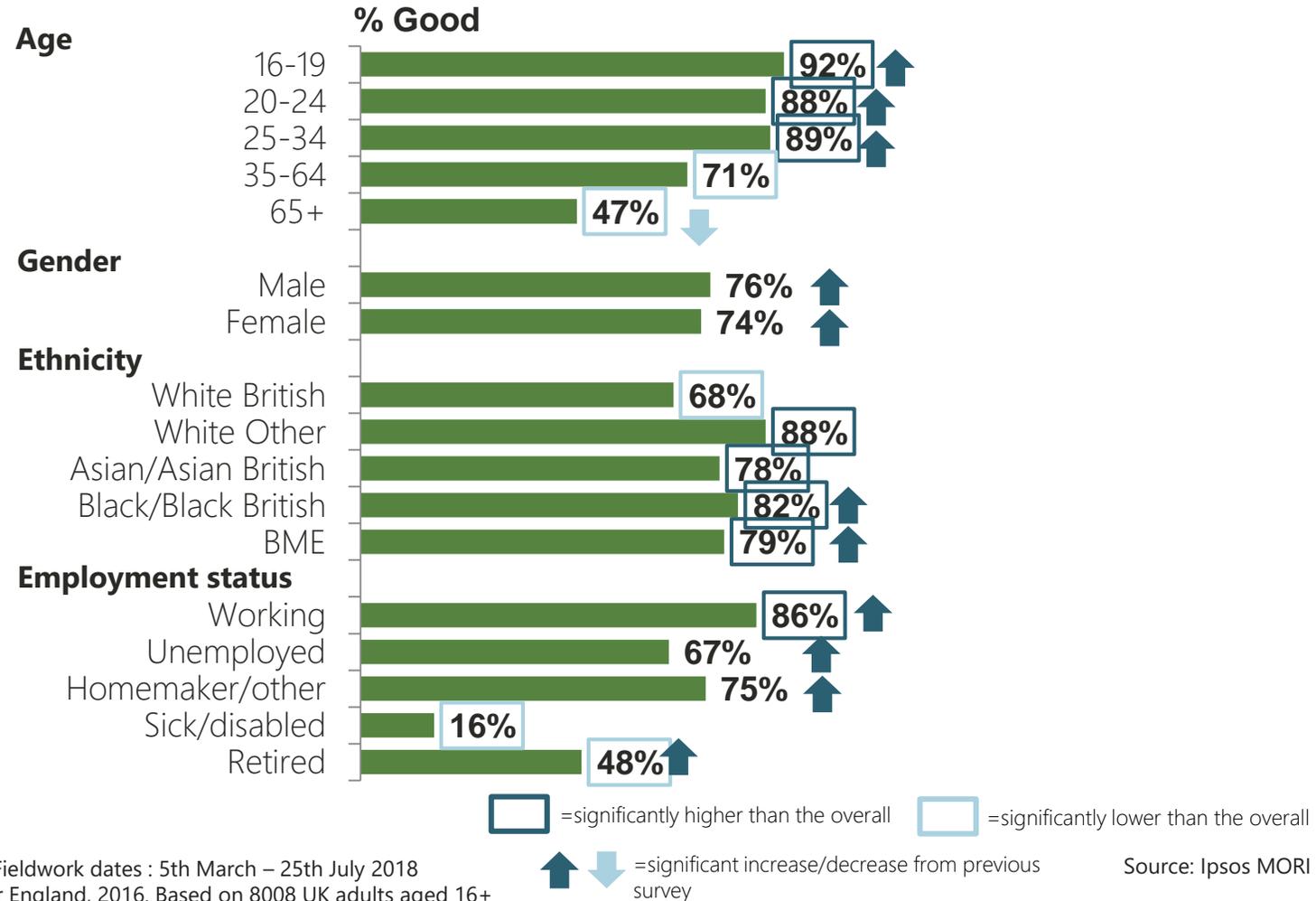
**KEEPING HEALTHY?**  
Our smoking rates are falling but we are an inactive city. Healthy food choices are also an issue.



# Three quarters of Leicester residents rate their health as good

Young people aged between 16-34 are more likely to describe themselves as healthy (89% vs. 47% of those 65+). Those who identify as White British are significantly less likely to rate their health as good (68% vs. 75% overall). It is positive to note that while there are differences between employed residents and those who are workless, this gap has closed – with a significantly higher proportion of those who are workless reporting good health this year (67% vs 61% in 2015).

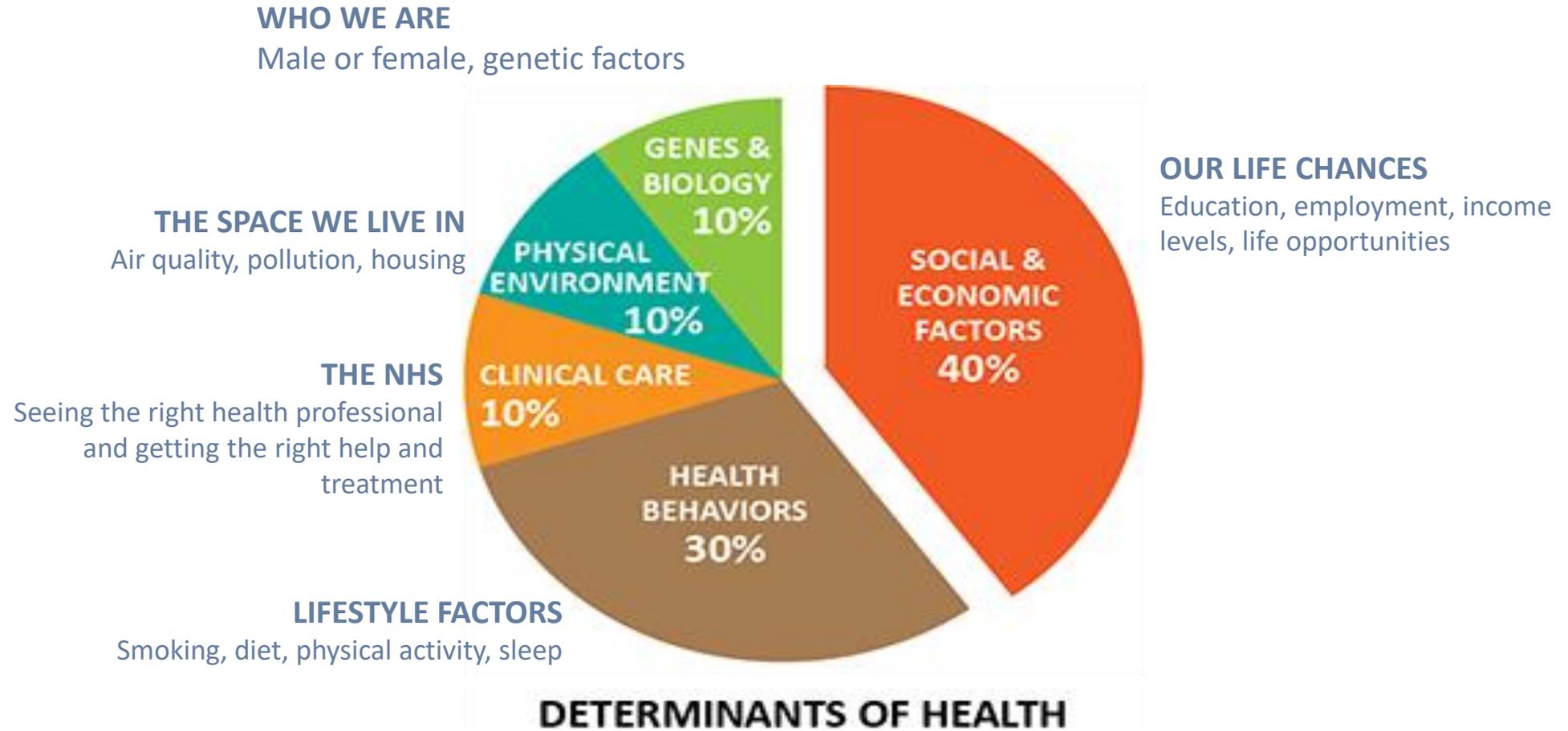
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# WHAT MAKES US HEALTHY?



# Public health: Priorities 2019/20

Your subtitle will go here

01

## **Deliver mandated and non mandated public health functions**

Supported via departmental business plan and performance management dashboard and quarterly meetings

02

## **Implement new service delivery arrangements**

July 2019 will see the implementation of a new Integrated Lifestyle Service

03

## **Deliver on Public Health related manifesto commitments.**

04

## **Support delivery of revised health and well being strategy**

Focus on coordination of delivery of the associated action plan

